GREAT GREEK BROWN RICE BOWL

featuring Kagome Roasted Red Pepper Spead

Yields: 1 serving

INGREDIENTS

1 cup 1 cup 1/2 cup 1/2 cup 4 each 2 tablespoons 1 teaspoon 1 tablespoon 1 tablespoon 1 tablespoon 1 tablespoon Cooked brown rice Chopped romaine lettuce Chickpeas, canned, drained Sliced Persian cucumbers Cherry tomatoes, halved Plant-based Monterrery Jack cheese Toasted pine nuts Fresh mint leaves, chopped Fresh parsley leaves, chopped Kagome Roasted Red Pepper Spread

INSTRUCTIONS

- 1. In one large bowl, place the cooked brown rice.
- 2. Layer chopped lettuce, chickpeas, cucumbers, toamtoes and cheese on top of brown rice.
- 3. Sprinkle pine nuts, mint and parsley leaves over ingredients.
- 4. Spoon Kagome Roasted Red Pepper Spread on top.



Sharon Palmer

Using Nature's Gift to Make the World a More Delicious Place.